



Nutrition & Diet Therapy

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Learn all the essentials about nutrition and good health in this updated text! In our health-conscious society, the link between good nutrition and good health is seen everywhere, from magazine and newspaper headlines to television shows and web sites. This presents a challenge to nurses when working to help clients improve their nutrition and overall health. Nutrition & Diet Therapy, 9th Edition, is your ideal choice for an introduction to nutrition concepts and client care.

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