



# Visceral Manipulation

*Jean-Pierre Barral, Pierre Mercier*

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Osteopathy, chiropractic and other systems of manual medicine have developed a variety of models for understanding the mechanics of musculoskeletal motion. In this pioneering work, that same structural vision is applied to the visceral system.

In Visceral Manipulation, Jean-Pierre Barral, D.O. and Pierre Mercier, D.O. show how manipulation of the viscera can be used as an effective complement to other forms of manual medicine. Drawing upon years of research and clinical experience, the authors convincingly demonstrate that the relationship of structure and function among the internal organs is just as strong as that among the constituents of the musculoskeletal system, and that manipulation of the viscera can be effectively used to treat dysfunction.

Visceral Manipulation meticulously describes the indications for evaluating each of the major organs, and explains how to perform manipulative techniques for treating many types of restrictions.

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