



# **The Ultimate Guide to Sex and Disability: For All of Us Who Live with Disabilities, Chronic Pain and Illness**

*Miriam Kaufman, Cory Silverberg, Fran Odette*

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The Ultimate Guide to Sex and Disability is a long-overdue self-help sex guide for the millions of people living with disabilities and chronic pain and illness. For sufferers of ailments from chronic fatigue syndrome and spinal cord injury to multiple sclerosis, fibromyalgia, and others, the book provides encouragement, support, and expert information on sex positions, orgasm, and sex toys. It also features illustrations, a resource guide with hundreds of books, websites, and organizations.

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