



## Setting Up Your Low Protein Kitchen

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Families will love this. Simple yet creative ideas for making a variety of meals from a few basic low protein foods. Fran Rohr, MS, RD, LDN. Clinical Nutrition Specialist. Boston Children's Hospital Laurie Bernstein and her team have put together another great educational booklet! This guide will help our families feel more comfortable in the kitchen and create low protein delicious dishes for the whole family! Mary Sowa, MS, RD CHOC Children's Hospital Setting Up Your Low Protein Kitchen is a practical . . . and fun . . . resource for anyone following a low protein diet. Sandy van Calcar, PhD, RD University of Wisconsin

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