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OKU: Sports Medicine 5 brings together the most relevant literature and the latest research, including extensive updates in knee and shoulder, from the past five years. Top notch experts collaborated on this succinct review of pertinent advances in sports medicine. Find brand-new content on bone loss instability, proximal biceps injuries, ACL reconstruction, meniscal posterior horn tears, and much more. In-depth illustrations help you fully comprehend new concepts, while expert section and chapter editors ensure a thorough, yet unbiased presentation of relevant literature. Key study points are presented at the end of each chapter so you can quickly assess important content. Whether you are an orthopaedic surgeon specializing in sports medicine, physician assistant, physiatrist, or primary care physician, this is your go-to guide for diagnosis, treatment, rehabilitation, and beyond. New! Online Access to Surgical Techniques Video In addition to providing guidance for managing challenging patient cases, this edition includes a link to access videos on the most in-demand and innovative surgical techniques in sports medicine. Close the time gap between reading content and applying innovative skills while expanding your surgical options. Sections are: \* Upper Extremity\* Hip and Pelvis\* Knee and Leg\* Rehabilitation\* Head and Spine\* Miscellaneous\* Medical Issues\* The Young Athlete\* Imaging

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