



# Object Relations and Self Psychology: An Introduction

*Michael St. Clair, Jodie Wigren*

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## **Object Relations and Self Psychology: An Introduction** Michael St. Clair, Jodie Wigren

This unique book makes object relations and self psychology accessible to readers not familiar with recent psychoanalytical literature. The theories presented in the book illuminate areas of childhood experiences such as "relational" problems and narcissistic and borderline personality disorders. Readers will find clinical insights about object relations and self psychology through the presentation of issues, ideas, and controversies of these models of the person.

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