



Fifty Over Fifty: Wise and Wild Women Creating Wonderful Lives: (And You Can Too!)

Dr. Susan R Meyer

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Release your wise, wild and wonderful self. This unique guide, drawn from the stories of fifty women who, starting in their twenties, created wonderful lives, covers seven key factors in building the life you deserve. The Fifty come from all walks of life, from Fortune 100 executives to entrepreneurs, from a home health aide to a retired sales representative. Collectively, they have faced job loss, career and family stress, divorce, terminal illness and widowhood. Thought-provoking questions for reflection and exercises in each chapter will get you moving forward in your own journey. Dr. Susan R. Meyer, author of *The Life Design Blueprint Playbook* and *Mapping Midlife: Sensational at Sixty*, brings more than thirty years of experience as a coach and consultant to helping you create the future you envision. Be motivated! Be inspired! Find the greatness in your own life.

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