



**Ketogenic Diet For Rapid Weight Loss BOX SET  
5 IN 1: 3 Meal Plans And 126 Super Satisfying  
High Protein Low Carb Recipes: (Lose Belly Fat  
Fast, ... lose 10 pounds in a week , weight watchers)**

*Batya Atkins, Pamela Baker, Adrienne Adams, Mary Kate Logan, Adrienne Wingazer*

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Download this book, read it to the end and see "BONUS: Your FREE Gift" chapter after the conclusion.

**Ketogenic Diet For Rapid Weight Loss BOX SET 5 IN 1: 3 Meal Plans And 126 Super Satisfying High Protein Low Carb Recipes (FREE Bonus Included): BOOK #1:Ketogenic Diet: Best Way To Lose Weight! Everything You Have To Know About High Protein Diet: How To Start, What To Eat + 3 Ideas Of Day Meal Plans.**

Have you tried countless diets, and then failed to stick to them for long enough to get your desired results? Have you spent weeks losing weight, and then gained it all back in a matter of days? Are you tired of counting calories, measuring portions, and eating boring foods while everyone around you seems to be gorging themselves and staying enviably thin? Before you totally give up ever reaching your ideal weight, try the straightforward diet described in this book.

**BOOK #2:Ketogenic Diet: Eat Bacon - Lose Weight. 30 Super Satisfying Low Carb High Fat Recipes For Rapid Weight Loss + 5 Keto Desserts.**

This is a great cookbook that is full of great tasting healthy recipes that are going to help you to lose weight fast. You will not feel like you are dieting at all when you see the recipes that you will be indulging that are in this cookbook. You will enjoy these diet recipes because they will not make you feel deprived in anyway. You are going to enjoy and feel satisfied with the meals that you will be eating from this fantastic collection of ketogenic recipes. There is also 10 bonus ketogenic desert recipes included, this is just a way of saying thanks for downloading my book.

**Book #3: Ketogenic Snacks To Go: 30 Delicious Low Carb Snacks You Should Grab If You Are On Ketogenic Diet**

We all want to lose weight and feel good about ourselves and how we look. We spend hours working out, we buy the right foods, we do the right things, but there always seems to be that one little issue that keeps coming back hand keeping us from reaching our goals.

**Book#4: Low Carb Quick Baking: 28 Recipes Of Breads, Cookies, Muffins And Dessert Pies That Won't Ruin Your Low Carb Diet**

No matter what you are in the mood for, this cookbook has the recipe for you, and you are sure to find whatever you need to satisfy that savory craving. Want to make it more on the sweet side? Whip up some low fat frosting for those cakes and cookies, and you are set!

This book has everything you need to matter what the occasion, and you are going to be glad that you are ready for it. Bake up any of these delicious recipes, and you are going to be ready for anything.

**Book#5: Ketogenic Desserts, Muffins, Cinnamon Rolls, Cookies And Other Pastry Goodness: 33 Mouthwatering Recipes For Those Who Miss Carbs.**

The truth is that most people will not be able to stick to a Keto diet, because it takes away some of the most delicious foods.

Finally, though! You no longer have to feel deprived!

You CAN stick to your Keto diet, and eat delicious foods and desserts at the same time!

The “Ketogenic Desserts, Muffins, Cinnamon Rolls, Cookies and Other Pastry Goodness! 33 Mouthwatering Recipes for Those Who Miss Carbs” recipe book is filled with taste bud tempting recipes that will not only satisfy your cravings, but will help you lose weight at the same time!

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Tags: low carb diet, low carb foods, low carb snacks, low carb breakfast, low carb diet plan, low carb, low carb food list, low carb diets, weight loss diet, low carb diet foods, low calorie diet, no carb meals, no carbs diet, foods low in carbs

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**From reader reviews:**

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