



Teaching Social Skills to Youth, Second Edition

Jeff Tierney, Tom Dowd

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New updates to the second edition of this classic guide to the teaching of social skills include:

- New information on how to help youth generalize the use of individual skills to varied social situations
- An index that cross-references the 182 skills to the Six Pillars of Character – respect, responsibility, trustworthiness, fairness, caring, and citizenship.
- References to and information from the latest research findings.

The book also features the step-by-step component behaviors to 182 skills, from the basic (following instructions and introducing yourself) to the complex (managing stress and resolving conflict). Opening chapters explain the individual and group teaching techniques that enable youth to recognize when, where, or with whom to use a particular skill. The authors also show how to plan skill-based treatment interventions for youth with difficult problems such as substance abuse, aggression, running away, depression, or attention deficits.

Teaching Social Skills to Youth is an ideal resource for the classroom, in counseling or therapy, and in job training programs.

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