



I Think ~ Therefore I Art: Reconnect With Your Artistic Self And Your Love of Drawing

Gloria Miller Allen

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"Explore with Gloria through her words, poetry, drawings and paintings the attitudes and goal- setting practices that can take your artistic dreams out of the realm of fantasy and into the realm of reality. Grow in awareness, know yourself at deeper levels, give yourself permission, and begin through drawing to gain confidence and competence in your artistic work and artistic future." Be the artist you want to be. "I Think ~ Therefore I Art" is set up as a text book in many ways with assignments of many kinds. There are assignments aimed specifically at personal artistic recognition, acceptance and growth. Other assignments are aimed at gaining once and for all, real skills, a deeper understanding and greater confidence in your drawing, and unraveling the mysteries and the magic of perspective. These are the very things Gloria believes hold back many an artistic pursuit. The assignments have grown out of years of teaching workshops and are designed to promote growth in ones individual style and work. The first part of the book is about becoming an artist, being an artist and living the life of an artist. The second part of the book is instructional drawing and practical lessons on perspective. Here she gives assignments, exercises and shows many samples to help in these pursuits. The third part of the book is about goal setting and keeping on your personal artistic path. The book sets you to THINKING about 'good stuff' and living the good life possible when you are following your dreams and allowing those dreams to change and grow with time: Living life Artfully. Taking that first step on your artistic road, or Getting yourself back on that artistic road. Gaining joy and contentment from your art Knowing what you want from your artistic self and how that helps you reach your goals. Gloria has a great deal of confidence in the perpetual gift of creativity given to human beings. In her book she explores this gift with her students and readers who by their very human nature find that drawing and painting can be a very special way to accept, enjoy, and explore the gifts of creativity and life on this planet.

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